August 2026



Richmond Hill News!

Brought to you by local, registered charity RHEA.
Not sure who or what RHEA is? See the back page.

RHEA

Fun things to do in Richmond Hill, Cross Green & East End Park, for everyone aged 55 and over!

30 years of community support

Coming Soon - New Sunday Lunch Club!



We're hoping to be able to launch Sunday Lunch for members as soon as possible and wanted to get the word out to you all. Working with the team from Community Payback, we are trying to open the community centre on a Sunday for you to enjoy a delicious, home cooked, traditional Sunday Roast with all the trimmings. If you would be interested in this, please give Gillian a call on 2485200 and she will let you know when we are ready to launch this new group.

Also Coming Soon - The Food Pantry.



Some of you will know that we've run a food pantry for years but we would like to provide a food provision service for all RHEA members, here at the community centre.

How would it work? Working with FareShare, we will have a range of food essentials available for you to simply call in (probably on a Wednesday), browse, and buy what you like. FareShare is a surplus food distribution scheme so products may be approaching their Use By date or have a short shelf life but it is all perfectly edible and saves the food from going to waste. We can't guarantee what stock would be available as it changes every week but there is usually always bread, vegetables, tinned goods, cupboard essentials and the odd sweet treat. The cost is to be finalised but would be something like 12 items/sets of items for £4 and the offer would be exclusively for people aged 55 and over who live in Richmond Hill, Cross Green and East End Park and are RHEA members. We hope to have The Pantry up and running in the next couple of months. Feel free to call us for an update or with any questions. Thanks.

Don't forget you can download a copy of this newsletter from:

www.rhea-leeds.org.uk

Just scroll to the bottom of any page and click the "Download Now" button.

We will be closed to our daily activities for the week commencing Monday 14th September so we can give the community centre a deep clean, get repairs done and touch up the paintwork. If you have an emergency or need to speak to us about something urgent during that week, please still contact us as normal on 0113 248 5200.



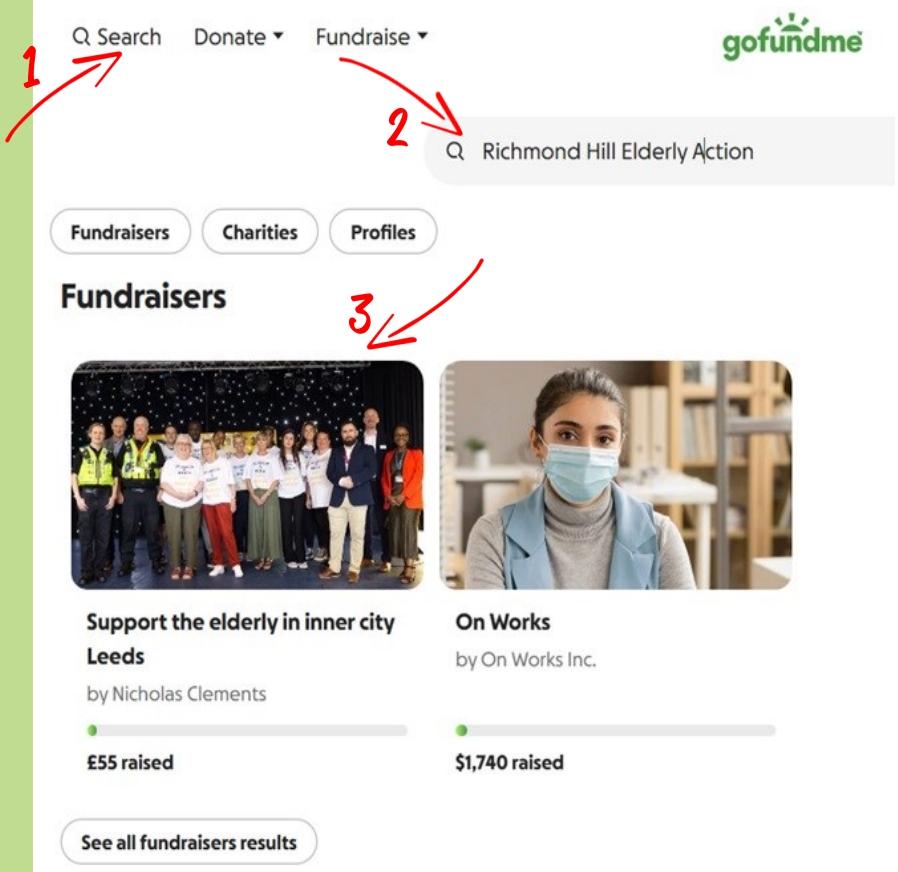
An AMAZING Offer for RHEA Members!



Get Your Will Written by a Solicitor for just £100.

Andrew from Levi Solicitors (and also a RHEA trustee) is exclusively offering RHEA members the chance to get a fully legal, standard will written by him and his team at this hugely reduced rate. The usual cost of getting a single standard will written is around £420 including VAT, saving you £320. Andrew will be here the week commencing 12th October offering hour long appointments to make sure your last wishes are recorded legally and professionally.

Bookings for appointments are open now and will go on a first come, first served basis, and all money raised through this offer goes directly to RHEA to help towards running costs so you are supporting the charity too. With thanks to Andrew and his team for making this happen for members.



Can You Sponsor Nick on His Fundraising Trek?

This September, Nick who is a volunteer here and the Chair of our trustees, is walking an incredible 156 MILES from Porto in Portugal to Santiago de Compostela in Spain! That's 156 miles, on foot, taking anywhere from 10 to 12 days!

While taking on this incredible journey, Nick is also using his trek to raise funds for us which will all go to help us keep providing services. If you would like to donate to Nick's fundraiser, you can do so online by going to www.gofundme.com then click "Search" and type in Richmond Hill Elderly Action. Nick's is the first picture on the left in the search results. THANK YOU!

NEW

Coffee Morning at Saxton Gardens.

Join us at our new monthly coffee morning starting on Wednesday 30th September. We'll be there from 10 until 11:30 in the community room at 1 The Lane on the last Wednesday of every month.

We've got the coffee and cakes sorted so all you need to bring is yourself (and a friend too if you like). Please call us to book just so we know to expect you.



The Bank Café Just Got Upgraded!

There's a lot of food talk in this newsletter isn't there?!

Well here's another one for you. Monday's Bank Café has had a menu upgrade and you can now get a plated breakfast for just £3.

That's 3 rashers of bacon, an egg, tomatoes, mushrooms and toast for £3. And if you don't fancy that, there's the usual breakfast items available starting at just 50p.

Unlimited tea & coffee is included too! (Donations welcome for drinks).





Hearing Aid Check & Repair Service.

If you use an NHS prescribed hearing aid and it's not working properly or you're having problems with it, Lindsey from BID Services will have a look at it for you, check it over and replace batteries and tubing if needed, all for free!

Lindsey will be here at Richmond Hill Community Centre, 10am to 12pm, on Friday 4th September and Friday 4th December.

Appointments are necessary so call RHEA today on 0113 248 5200 to book your free appointment.



Neighbourhood Policing Team Contact Point

Putting You in Direct Contact with Your Local Police Force.

Officers from the Neighbourhood Policing Team for Richmond Hill and Burmantofts will be at RHEA every three weeks. They would like to hear about any concerns you have and to get to know as many local people as possible. Officers will be here from 10:30am until 1:30pm on Thursdays 3rd Sep, 24th Sep, 15th Oct, 5th Nov, 26th Nov, 17th Dec with 2027 dates to be confirmed.

There are rooms available if you wanted to talk to them privately and in confidence.

Could You Be Our Next Treasurer?

Sadly for us, Roger who has been RHEA's Treasurer for many years, will be stepping down from the role in the near future. Fortunately though, he will be staying on as a trustee so we won't be losing his knowledge and skills entirely.

Working closely with RHEA staff and the other trustees, the role of Treasurer is all about safeguarding the charity's finances by providing financial oversight and helping to ensure the charity meets its legal and regulatory obligations, working with the Board to develop annual budgets and longer-term financial plans, monitoring financial performance and presenting reports to trustees, overseeing financial systems, controls and banking arrangements, and maintaining and reviewing financial policies and procedures.

The role is voluntary, flexible and has full support from the wider team, and trustees meet every six weeks where the Treasurer would give their update.

If you have a head for numbers and would like an informal chat, please feel free to give Darrell a call on 0113 248 5200. Thank you.



Doris Storey, a Local Hero.

The Leeds Civic Trust unveiled Leeds's 208th Blue Plaque in March at the former York Road Baths to honour Doris' legacy. Doris represented Great Britain at the 1936 Berlin Olympics and went on to win two gold medals at the 1938 Empire Games. She trained at York Road Baths while working at Burton's Factory, often balancing her work with her swimming practice.

We didn't know about the unveiling of the plaque unfortunately but Doris' story is an interesting one if you want to look into it and next time you are on York Road, look out for her plaque on the building. (Picture: Doris actually inside York Road Baths with the cup she won in Berlin and some of her many other trophies.)

OUR DAILY ACTIVITIES!

Join us during the week at our daily socials. If you've never been before and want to give one of them a try, just give us a call so we know to expect you and can introduce you to other people. PLUS for The Bank Café and the Tuesday and Thursday lunch clubs, we offer door to door return transport on our accessible minibus for just £3 extra for people living in Richmond Hill ward, which includes Cross Green and East End Park.



MONDAY:

The Bank Café – Get your week off to a great start with bacon butties, toasted teacakes, crumpets, hot drinks and the daily newspapers in our relaxed, café style setting, 10:30am to 12:30pm. Breakfast items start from just 50p!

Line Dancing – Dance tutor Pat is here at 1:30pm with line dancing classes, suitable for all levels of experience. £4.50 per session. Yee Haw!

Exercise in Disguise – Join professional tutors and good friends Lily and Louise as they take you through creative ways to improve your posture, stamina, balance and overall wellbeing. Expect laughter over refreshments afterwards. Classes are 1:30pm to 3pm and are just £1.50.



TUESDAY:

Light Lunch Club – Join other local friendly faces for fun and games and a light lunch of soup and sandwiches and other delicious delights for just £3, 11am to 1pm.



WEDNESDAY:

Wednesday's Woman – Our monthly social group for ladies to talk about the things that really matter (or even worry us) in a relaxed setting. Meetings are 11:30am to 1:30pm, held at The Vinery Centre, Vinery Terrace and costs just £1.50. Call us for future dates.

Knit & Natter – A lot of knitting and a lot of nattering! It's fun and done at your own pace and is only £1 to join in from 1:30pm to 3pm. Create exactly what you want or take some inspiration from our other knitters.



THURSDAY:

Zumba Gold – A lively, Latin inspired dance exercise class with professional tutor Claire. 10:15am to 11am with refreshments after and it's £4 per class.

Lunch Club – Enjoy a delicious, home cooked, two course lunch starting at 11am with fun and games with lunch served at 12pm. It's £5 for a freshly made, hot lunch and a dessert plus a small (optional) cost for cash bingo. There's a different dish every week from roast dinners, to shepherds pie, fish and chips and vegetarian options too. (Currently at capacity, please call for more info.)

It's Good to Talk – Our early evening call scheme where we phone members to check in, catch up, have a good natter and talk about things of interest. If you'd like us to call you, just let us know. We're on the phone from 4pm to 6pm, all on a neighbourly, social basis and completely free of charge.



FRIDAY:

We deliberately don't have any activities on a Friday just so we can catch up with office based work. We are open until 1pm though so if you need us you can call on 0113 248 5200 or drop in and see us in person.

Unless otherwise stated, all of the above are held at RHEA, Richmond Hill Community Centre, Long Close Lane, Leeds, LS9 8NP.
The centre is fully accessible and is all on one single level so no stairs or steps. Free Wi-Fi is available from the Leeds City Council network.
All our activities include refreshments and there is a warm welcome for everyone.

TRIPS, DAYS OUT, AND EVENTS GALORE!

Booking conditions - All bookings must be paid for in full when you book as we unfortunately cannot reserve places for people. We have to pay for coach hire, room hire, catering etc in advance and, as a charity, we need to cover those costs in full. For the same reason, we also can't offer refunds unless we manage to sell your place on in advance.

BOOKING FOR ALL OF THE FOLLOWING OPENS AT 10AM ON MONDAY 7TH SEPTEMBER.

W When you see this letter W on a trip or event, it means that we have accessible transport available so wheelchair users can safely get on board and remain seated in the wheelchair for the journey.



Monthly Games Afternoon.

Once a month we go to Edmund House Club to try our luck at their games afternoon.

There is cash bingo (£2 per game), a team quiz (£1), Hoy (£1) and Play Your Cards Right (£1) and the beauty is that you can play as much or as little as you like.

The next one is on Wednesday 23rd September and the fun starts at 1:30pm. We finish for 3:30pm and you are very welcome to stay in the club afterwards as it will be open then.

Entry is free but places are limited so must be booked with us.

Drinks and bar snacks are available for sale from the bar. More dates overleaf.

With thanks to Adele and Larry from Edmund House for working with us on this.



Your Charity, Your Say.

W

This years AGM will be held on Tuesday 6th October here at RHEA from 10:30am until 12:30pm. Together, its our chance to reflect over the last year and take stock of the highlights and achievements. It's also a good opportunity to hear about future plans and have your say about your charity. The event is free to attend and a buffet lunch and refreshments will be served. Please ensure to book in advance for catering purposes.



Let Someone Else Do The Cooking.

W

Following our recent pub lunch out, we have listened to your feedback and this time are going to The Picture House, the Wetherspoons pub in Morley for a fun afternoon out.

Travel wise we are going to use public transport so will be meeting at the bus station at 10:30am so remember your bus pass! You can choose and pay for your meal on the day AND if this proves popular, we'll be visiting a different Wetherspoon's pub every month via public transport!

Put your name down and join us on Wednesday 14th October.



Games Afternoon.

Your next Games Afternoon at Edmund House Club will be on Wednesday 21st October.

Full details above.



W

Bag Yourself a Bargain at Bury Market.

Your annual pre Christmas shopping trip to Bury Market awaits! We're Bury bound on Friday 6th November for a full day of shopping, leaving RHEA at 9:30am, back for around 5pm, tickets are £15.50.





Rockin' Around The Christmas Tree.

Thursday 17th December is our big Christmas party from 10:30am until 2pm at the community centre. Tickets are £6 each and include live entertainment, drinks, and a buffet lunch with desserts.

There will also be a big raffle and big cash bingo games (tickets sold separately on the day). Our Christmas parties always sell out so be sure to get your ticket early and get ready to go Christmas Crackers with us. Christmas jumpers highly encouraged!

Events for early 2027.



Friday Fry-Day!

As January will no doubt still be cold, join us for a cozy fish and chip lunch on Fry-Day 29th January, 11:30am to 1pm, at Richmond Hill Community Centre.

There won't be any of our usual games or activities – it's just a nice meal while relaxing in a warm environment with good company and, it saves you having to do the washing up too!

The set meal is £7 with bread and butter and unlimited tea or coffee included.

Afternoon Tea with a Pinch of Extra Class.



The lovely people at Temple Newsam Tea Room are opening their doors just for us again for a special Afternoon Tea on Tuesday 23rd February at £15 per person.

You can meet us there or travel on the minibus from the community centre and back there again for just £2 extra.

If the weather isn't too cold, you could also have a little wander around the grounds outside and take in some fresh air.

Having visited before, we're sure you will enjoy it.

More trips and events to come in January's edition of Richmond Hill News.





A big thank you to everyone who joined us for our recent Summer Picnic. There are more photos on our Facebook page.



Remember to keep letting us have your suggestions about places to visit or the types of events that you would like to see us host, and we will try our best to make it happen.

OTHER NEWS AND SERVICES AROUND THE AREA.

We're happy to publish news and events here from other organisations provided that it's community focused, open to all and/or not for profit. If you want to share something, feel free to get in touch.



The community of Newbourne Church invite all older people for refreshments every Thursday from 4:45pm to 6pm at the church hall on Upper Accommodation Road, free of charge. The group meet each week to relax in an informal environment and enjoy drinks, snacks, good company and good conversation. You can just turn up or email newbournemethodist@gmail.com for more info.



Pay As You Feel Community Kitchen.

People of all ages are welcome to enjoy a full English breakfast, hot sandwiches, toast and hot and cold drinks at St Philip's Church Hall on Osmondthorpe Lane.

It's every Tuesday from 9:30am to 11:30am, and the cost is you just pay what you feel or can afford.

For more information contact Reverand Rolf Mason on 07894 429 214 and feel free to turn up at your leisure.

Public Residents Meeting.



The next local residents meeting with council and police representatives will be on Monday 14th September, 6pm to 8pm, at St Philip's Church Hall on Osmondthorpe Lane. This is an ideal opportunity to raise any concerns you might have and to feed back about the neighbourhood.

The meeting starts with a chance to speak to representatives one to one if there was something you personally wanted to address e.g. a housing problem, and then the official meeting will start with an agenda about the ward itself. Feel free to just turn up, no booking required.

Become a Sponsor

...and support our work!

We send this newsletter out twice a year to all our 850 members as well as to stakeholders, funders and colleagues around the city. Each edition costs around £1,200 for printing and postage which is a cost that we have to find the funding for. To try and help cover it, we have an opportunity for a business or organisation to sponsor part or all of the cost for which you will receive a dedicated space in each edition promoting your products and services.

If you are interested, please have a chat with Darrell, the Chief Officer at RHEA on 0113 248 5200.

RHEA (which stands for Richmond Hill Elderly Action) is dedicated to working with and for, all people aged 55 and over in the Richmond Hill ward which includes Cross Green and East End Park. If you don't live in the ward, you're still very welcome to come to our daily activities of your own accord. If you want to know which charity serves you where you live, give us a call and we will look it up for you.

These charities for older people are collectively called Neighbourhood Networks and every single street in Leeds is covered by one!

Above all, RHEA is a place where people come together to live life, to have fun and to be a respected part of the community. It's also a place where help and advice is available if you should ever need it.

We're open Monday to Thursday, 8:30am until 3:30pm and 8:30am to 1pm on a Friday.

Our address is Richmond Hill Community Centre, Long Close Lane, Leeds, LS9 8NP.

Call us on 0113 248 5200 or email us at info@rhea-leeds.org.uk. You can also check out some of our fun photos and antics on Facebook, just search Richmond Hill Elderly Action.



How to Contact Your Local Ward Councillors:

Councillor's Asghar Khan, Luke Farley and Nkele Manaka are here to help and are keen to hear from you if you need their advice, support or guidance with something.

You can contact Asghar on 07761 230 027, Luke on 07407 091 449 and Nkele on 07905 128 273.

Or you can always drop in (no appointment needed) to one of their regular face to face advice surgeries:

1st Friday of the month, 6pm - 7pm - Saxton Gardens Community Room, 1 The Lane, LS9 8HQ.

1st Saturday of the month, 11.15am - 12.15pm - The Vinery Centre, LS9 9LR.

3rd Tuesday of the month, 12.30pm-1.30pm - St Vincent's Support Centre, 4 Berking Avenue, Leeds, LS9 9LF.

3rd Tuesday of the month, 1.45pm - 2.45pm - Burmantofts Community Hub, Rigton Lawn, LS9 7QA.


Asghar Khan


Luke Farley


Nkele Manaka

Free Legal Advice from Andrew.

Andrew from Levi Solicitors offers free, half hour consultations on legal matters such as wills, estate planning, probate, estate disputes, Power of Attorney and more. If you could use his advice, call RHEA and we'll make an appointment for you. There is no pressure or obligation to then use Andrew's services further, just some free, helpful advice.

Levi Solicitors LLP



RHEA's work is funded and supported by:

Leeds City Council

NHS


Leeds Benevolent Society for Single Ladies

RHEA

The official RHEA logo. If you see this, you know you're in good hands!

ANNIVERSARY YEAR

30 YEARS OF

COMMUNITY SUPPORT IN RICHMOND HILL

Ageing well as part of the Neighbourhood Networks